

Effective Date: 1 October 2025

Privacy Policy

ADHD Trainer UK (“we,” “our,” or “us”) is committed to protecting your privacy. This Privacy Policy explains how we collect, use, and safeguard your personal information when you visit our website or use our services.

1. Information We Collect

- **Personal Information:** Name, email address, phone number, and any information you voluntarily provide when registering for training, contacting us, or subscribing to newsletters.
- **Usage Information:** Information about your visit to our website, including IP address, browser type, pages visited, and time spent on the site.
- **Cookies and Tracking:** We use cookies to improve user experience and analyze site traffic.

2. How We Use Your Information

- To provide and manage our training services.
- To communicate with you regarding bookings, updates, or inquiries.
- To improve our website, content, and services.
- To comply with legal obligations.

3. Sharing Your Information

We do **not** sell, trade, or rent your personal information. We may share information with trusted third-party service providers who assist us in operating our website and providing our services, under strict confidentiality agreements.

4. Your Rights

You have the right to:

- Access your personal data.
- Request corrections to your data.
- Request deletion of your data, where applicable.
- Withdraw consent at any time.

5. Security

We implement appropriate technical and organizational measures to protect your information from unauthorized access, alteration, disclosure, or destruction.

6. Third-Party Links

Our website may contain links to third-party websites. We are not responsible for the privacy practices of these websites.

7. Changes to This Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated effective date.

Contact Us

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